TIKA TRAINING ON MATERNAL AND CHILD HEALTH IN ANKARA-TURKIYE



28th July to August 9th 2024 REPORTON TURKIYE TRIP By Visiting team



INTRODUCTION

On February 5th to 9th 2024, a group of Gambian doctors, Midwives and Nurses received a training on maternal and child health conducted by a team of professors from Ankara University. The training was part of collaboration between TiKa, Ankara University Hospital and The Ministry of Health, The Gambia.

5 months later, An invitation was extended to 15 members of the team to participate in the second part of the training in Ankara Türkiye from July 28th to August 11th 2024. The team included the Heads of the Departments of OBGYN and Paediatrics of EFSTH with the Matrons of both departments and a Representative of the Ministry of Health, The Gambia.

The training was fully sponsored by Tika with Accommodation, a roundflight ticket and feeding provided throughout the stay.





PREPARATION AND DEPARTURE

Arrangements for the Visa and flight tickets was done by Tika after the selected participants submitted the required documents. The team departed on 27th July 2024 from Banjul International Airport and Arrived in Ankara, Turkiye on 28th July. The team was welcomed at the airport by Prof Tanil Kendrili and escorted to the New Park Hotel which was a few Kilometers away from the Hospital campus in Cebeci.

WELCOMING

After a day's rest, a welcoming ceremony was organized which was conducted at the Hospital. It was graced by the Rector of Ankara University, The Ambassador of the Gamia to Turkiye, The Former Ambassador of Turkiye to the Gambia, Representatives from TiKA, various heads of Departments of Ankara University Hospital Cebeci Campus, Professors from the first training and the visiting teams.

Mrs. Fatoumatta Koma, an official representative of the ministry of Health, The Gambia and the lead to the Gambian team gave the remarks on behalf of the team. She stated how important the training will benefit trainee and to the level it will help minimize maternal and infant morbidity and mortality in the Gambia. She further expressed how Dr Amadou Samateh, the Health Minister is grateful with the initiative and she believes that we are entrusted with great deal of responsibilities in relation to management and care of patients. She further stated that she believes the team can add value or make an outstanding achievement in implementing what was taught. The team was also taken to different parts of the Hospital.



Training

The team was divided into six groups to rotate in different units within the hospital with the expectation of participating in the day to day clinical and teaching activities in the different units of Pediatrics and gynaecology within the hospital. The Training was predominantly carried out at the Cebeci Campus with the OBGYN group having some sessions at the Ibn Sina Hospital.

Each of the groups were expected to attend ward rounds, presentations, patient consultations, theatre sessions, dialysis sessions, special clinics and multidisciplinary team meetings within the scope of two weeks.

At the end of each day, we had briefings with Prof Tanil to give him feedback on daily experiences.



PEDIATRIC UNITS ROTATED IN



PAEDIATRIC

EMERGENCY UNIT

INFECTIOUS DISEASES UNIT

PAEDIATRIC

GENERAL Polyclinic

07 OUTPATIENT BLOOD COLLECTION ROOM





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UNIT NEONATAL

INTENSIVE CARE

PAEDIATRIC

INTENSIVE CARE UNIT



FLOOR AND DIALYSIS





Turkiye Visit Report

"At the Pediatric Emergency Unit (EPU), we witnessed an emergency response which was treated with urgency and timely referral was done. We observed patient incubation. In NICU, we participated in wards rounds with the consultant twice at 9am and 3pm every day. Neonates with culture positive organism are isolated in their side rooms. We were taught the importance of keeping the NICU dark covering of incubators to promote comfort for babies. There is also a standard fluid preparation room and breast milk preservation room for mothers to express their breast milk and Nurses to do the feeding in which we participated. We interacted with both nurses and doctors at PICU. Presentation on Paediatric sepsis was done by Professor Tanil and I was given a sample of a detailed monitoring chart which has almost all indicators needed to be assessed on daily basis suitable for both Doctors and Nurses. The Paediatric dialysis is separated with the adult which has four beds and sessions are every two days."

Aji Fatou Camara Jammeh

Departmental Matron, Department of Pediatrics Edward Francis Small Teaching Hospital





OBGYN UNITS ROTATED IN

 O1 OPERATING THEATRE
O2 LABOR AND DELIVERY ROOMS
O3 PERINATOLOGY CLINICS



"During the clinical participations, we attended and observed activities in the labour and delivery rooms; we shared our experience and learned new things. We were also opportune to attend the perinatology clinic, where we showed and learned from a sophisticated 3D ultrasound scanning machine which enables the clinicians to made perinatal diagnosis of some congenital and genetic problems prior to delivery, carry out necessary interventions and allow pregnant women to make a decision and prepare for the future challenges. Robotic surgery was one of the new things we saw for the first time, which was so interesting and admiring, we attended the daily theater cases with sound and advanced technology laparoscopic surgeries, deferent gynecological surgeries including TRANS OBTURATOR TAPE (TOT) and cesarean section."

Ramatoulie Bah, Departmental Matron

Department of Obstetrics and Gynecology Edward Francis Small Teaching Hospital





A Meeting was held with TIKA during which we shared our experience, give comments about the trip, and make recommendations on the way forward in improving maternal and infant care in the Gambia.

Matron Ramatoulie Bah and HoD Dr Abdoulie Keita of the OBGYN Department also engaged and discussed some administrative procedures and plans for long term implementation of effective patient care, database system and continuous capacity buildings. The Paediatric Matron, also emphasized the importance of decentralising the training of participants to other sister hospitals within the Gambia in order to help in the management, improvement of better care, and minimise the rate at which they are referring to the main teaching hospital.



Farewell Ceremony

On the 8th August 2024, a farewell ceremony was conducted at Ankara University which was so remarkable giving us an opportunity to express our feelings, our experience and thoughts about the long term partnership. The ceremony ended up with issuing of certificates to all participants and vote of thanks.

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DR ABDOULIE KEITA HOD, DEPARTMENT OF OBSTETRICS AND GYNECOLOGY, EFSTH



PR AUGUSTA ENEH HOD, DEPARTMENT OF PEDIATRICS, EFSTH



RAMATOULIE BAH DEPARTMENTAL MATRON, DEPARTMENT OF OBSTETRICS AND GYNECOLOGY, EFSTH



AJI FATOU CAMARA JAMMEH DEPARTMENTAL MATRON, DEPARTMENT OF PEDIATRICS, EFSTH



DR ABDOU GAI RESIDENT DOCTOR, DEPARTMENT OF PEDIATRICS, EFSTH



DR ALIEU BARRY RESIDENT DOCTOR, DEPARTMENT OF PEDIATRICS. EFSTH



DR ELLEN KUJABI RESIDENT DOCTOR,



DR SOHNA JOOF RESIDENT DOCTOR, DEPARTMENT OF PEDIATRICS, DEPARTMENT OF OBSTETRICS AND EFSTH GYNECOLOGY, EFSTH



DR FATOUMATTA TUNKARA RESIDENT DOCTOR. DEPARTMENT OF OBSTETRICS AND GYNECOLOGY, EFSTH



SATANG KEITA PEDIATRIC NURSE, DEPARTMENT OF PEDIATRICS, EFSTH



BINTOU BEYAI PEDIATRIC NURSE, DEPARTMENT OF PEDIATRICS, EFSTH



MARIAMA COLLEY PEDIATRIC NURSE, DEPARTMENT OF PEDIATRICS, EFSTH



AJI FATOU JOBE PEDIATRIC NURSE, DEPARTMENT OF PEDIATRICS, KANIFING GENERAL HOSPITAL



DR LAMIN O BEYAI MEDICAL OFFICER, DEPARTMENT OF PEDIATRICS, KANIFING GENERAL HOSPITAL



We The visiting team would like to acknowledge that the training was fruitful as it has increased our knowledge and experience on maternal care and paediatrics. We learned new things and witnessed standards of care which are relevant to our practice and we adapted most of which are feasible in our environment. We also observed and developed some skills for long term management of our patients and clients including preventive aspects and data management.

We were nicely welcomed, comfortably lodged and socialized, adequately fed with nice Turkish food, tea and allowed to take part in daily activities.

In light of the above, we would like to extend our profound gratitude and appreciation to TIKA, MOH, Ankara University, EFSTH, KGH and a special thanks and appreciation to Tika Coordinator Mrs Sule Bayer and Mr Ebrima Nyass for your tireless effort, guidance and effective coordination.

Date: Signature: